



VA Healthcare Network Upstate New York

Summary of Research Activities by Center Personnel for 2015

Publications

Bergen-Cico, D., Possemato, K., & Pigeon, W. (2014). Reductions in Cortisol Associated with Primary Care Mindfulness-Based Intervention for Veterans with PTSD. *Medical Care, 52*, S25- S31.

Funderburk, J. S., & Fielder, R. L. (2014). The Academy: Integrating behavioral health and primary care. [Review of the website <http://integrationacademy.ahrq.gov> produced by the Agency for Healthcare Research and Quality]]. *Families, Systems, & Health, 32*(3), 357-360.

Funderburk, J. S., Spinola, S., & Maisto, S. A. (2015). Mental health predictors of Veterans willingness to consider research participation. *Military Medicine, 180*, 697-701. doi: 10.7205/MILMED-D-14-00478

Funderburk, J. S., & Shepardson, R. L. (2015). Recent advances in primary care behavioral health. *Current Opinion in Psychology, 5*, 37-41. doi: 10.1016/j.copsyc.2015.03.015

Funderburk, J. S., Fielder, R. L., & Krenek, M. (2015). Brief behavioral interventions for symptoms of depression and insomnia in university primary care. *Journal of American College Health, 63*, 398-402. doi: 10.1080/07448481.2015.1015031

Funderburk, J. S., Arigo, D., & Kenneson-Adams, A. (2015). Initial Engagement and Attrition in a National Weight Management Program: Demographic and Health Predictors. *Translational Behavioral Medicine*. Advance online publication. doi: 10.1007/s13142-015-0335-y

Gallegos, A., Cross, W., & Pigeon, W. (2015). Mindfulness-Based stress reduction for veterans exposed to military sexual trauma: Rationale and implementation considerations. *Military Medicine*, 180, 684-689.

Goldstein, M. G., & Dundon, M. (2015). Behavioral medicine strategies: Management of tobacco use and obesity. In et al. A. Stoudemire (Ed.), *Psychiatric Care of the Medical Patient, 3rd Edition*. Oxford University Press, NY.

King, P. R., Beehler, G. P., & Wade, M. (2015). Self-Reported Pain and Pain Management Strategies among Veterans with Traumatic Brain Injury (TBI): a Pilot Study. *Military Medicine*, 180 (8), 863-868. DOI:10.7205/MILMED-D-14-00472

King, P. R., Vair, C. L., Wade, M., Gass, J., Kusche, A., Wray, L. O., Saludades, C., & Chang, J. (2015). Outpatient Health Care Utilization among a Sample of Cognitively-Impaired Veterans Receiving Care in Geriatric Evaluation and Management Clinics. *Psychological Services*, 12(1), 66-72. Retrieved from: <http://dx.doi.org/10.1037/ser0000015>

Marshall, B.D., Operario, D., Bryant, K. J., Cook, R. L., Edelman, E. J., Gaiter, J. R., Gordon, A. J., Kahler, C. W., **Maisto, S. A.**, McGinnis, K. A., den Berg, J., Zaller, N. K., Justice, A. C., & Fiellin, D. A. (2015). Drinking trajectories among HIV-infected men who have sex with men: a cohort study of United States veterans. *Drug and Alcohol Dependence*, 148(1), 69-76. doi: 10.1016/j.drugalcdep

McGinnis, K. A., Fiellin, D. A., Tate, J. P., Cook, R. L., Braithwaite, R. S., Bryant, K. J., Edelman, E. J., Gordon, A. J., Kraemer, K. L., **Maisto, S. A.**, & Justice, A. C. (2015). Number of drinks to “feel a buzz” varies by HIV status and viral load in men. *AIDS and Behavior*. Advance online publication. doi: 10.1007/s10461-015-1053-7

Miller, C. B., Espie, C. A., Epstein, D. R., Friedman, L., Morin, C. M., **Pigeon, W.**, Spielman, A. J., & Kyle, S. D. (2014). The evidence base of sleep restriction therapy for treating insomnia disorder. *Sleep Medicine Reviews*, 18, 415-424.

Pigeon, W., Allen, C., **Possemato, K.**, Treatman, S., & Bergen-Cico, D. (2015). Feasibility and acceptability of a brief mindfulness program for veterans in primary care with posttraumatic stress disorder. *Mindfulness*, 6(5), 986-995.

Pigeon, W., & Gallegos, A. (2014). Posttraumatic stress disorder & sleep. *Sleep Medicine Clinics*, 10, 41-48.

Possemato, K., Kuhn, E., Johnson, E., Kanurim, N., Hoffman, J., De Stefano, L., & Brooks, E. (2015). A Pilot Randomized Controlled Trial of Clinician-Supported PTSD Coach: Impact on PTSD and Mental Health Treatment Utilization. *General Hospital Psychiatry*. Advance online publication. doi: <http://dx.doi.org/10.1016/j.genhosppsych.2015.09.005>

Redeker, N. S., **Pigeon, W.,** & Boudreau, E. A. (2015). Incorporating measures of sleep quality into cancer studies. *Supportive Care in Cancer*. *Supportive Care in Cancer*, 23, 1145-1155.

Shepardson, R. L., Funderburk, J. S., Pigeon, W., & Maisto, S. A. (2014). Insomnia treatment experience and preferences among VA primary care patients. *Military Medicine*, 179 (10), 1072-1076.

Yurcheshen, M., Seehuus, M., & **Pigeon, W.** (2015). Updates on Nutraceutical Sleep Therapeutics and Investigational Research. *Evidence-Based Complementary and Alternative Medicine*, 2015, 1-9.

Presentations

Ashrafioun, L., **Pigeon, W.,** Conner, K. R., Bishop, T. M., Leong, S., & Oslin, D. W. (2015, June). *The association between drug use and suicidal ideation and attempt among at-risk primary care patients*. Oral presentation at the College on Problems of Drug Dependence 77th Annual Meeting, Phoenix, AZ.

Behler, G. P. (2015, March). The VA Center for Integrated Healthcare. *Panel presentation for Improving the Health of Young People: Integrating Mental Health Care and Primary Care in WNY*. Elmwood Health Center., Buffalo, NY.

Behler, G. P., Funderburk, J. S., King, P. R., Wade, M., & Possemato, K. (2015, April). *Supporting high fidelity practice with the Primary Care Behavioral Health Provider Adherence Questionnaire Toolkit*. In Jennifer Funderburk, Ph.D. (Chair), Using Evidence-Based Measures in Integrated Primary Care to Improve Quality of Service. 36th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, San Antonio, TX.

Behler, G. P., King, P. R., Vair, C. L., Gass, Julie, & **Funderburk, J. S.** (2015, April). *Identifying Measurement-Based Care practices of VA integrated primary care providers*. In Jennifer Funderburk, Ph.D. (Chair), Using Evidence-Based Measures in Integrated Primary Care to

Improve Quality of Service. 36th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, San Antonio, TX.

Bishop, T. M., **Maisto, S. A.**, Ditre, J., Ashrafioun, L., & **Pigeon, W.** (2015, April). *Feasibility of using interactive voice recording in the temporal assessment of suicidal ideation and substance use among veterans in primary care*. Poster to be presented at the Annual Conference of the American Association for Suicidology, Atlanta, GA.

Bishop, T. M., **Maisto, S. A.**, & Ashrafioun, L. (2015, June). *Cocaine use and sexual risk among individuals with severe mental illness: a narrative review*. Poster presented at the College on Problems of Drug Dependence 77th Annual Meeting, Phoenix, AZ.

Bishop, T. M., **Possemato, K.**, **Wade, M.**, Campbell, C., **Maisto, S. A.**, & **Pigeon, W.** (2015, June). *Alcohol use and PTSD symptom severity among veterans experiencing trauma-related nightmares*. Annual Meeting of the Associated Professional Sleep Societies, Seattle, WA.

Funderburk, J. S., Macgregor, K. L., **Maisto, S. A.**, & Jorgensen, R. (2015, April). *Obesity does not predict cognitive function in Veterans*. Society of Behavioral Medicine, San Antonio, TX.

Funderburk, J. S. (2015, April). Implementing behavioral health screening in primary care. In Funderburk, J. S. (Chair), *Using evidence-based measures in integrated primary care to improve quality of service*. Society of Behavioral Medicine, San Antonio, TX.

Hamblen, J. L., McGovern, M., Schwartzberg, R., **Possemato, K.**, Hammel, J., & **Lantinga, L. J.** (2014, November). *CBT for PTSD in Veterans with Co-occurring PTSD and Substance Use Disorders: a preliminary Examination*. Presented at the International Society for Traumatic Stress Studies, Miami, FL.

Harris, A., Hagedorn, H., Gifford, E., Boden, M., Finlay, A., Gordon, A. J., **Maisto, S. A.**, Ilgen, M., Oliva, E., Rosen, C., & Norman, S. (2014, October). *A Method to Set Implementation Priorities: What Should We Study and Why?*. Presentation at the Addiction Health Services Research Conference, Boston, MA.

Higham, J., Steiger, S., Webster, B., & **Possemato, K.** (2015, May). *A Program Evaluation Initiative: PTSD Treatment Outcomes in a VA Behavioral Health Outpatients Specialized PTSD Clinic*. Annual VA Psychology Leadership Conference, San Antonio, TX.

- Kopacz, M., Currier, J., Drescher, K., & Pigeon, W. (2015, January). *Suicidal behavior and spiritual functioning in a sample of Veterans diagnosed with PTSD*. VA/DoD Suicide Prevention Conference, Dallas, TX.
- Lilienthal, K. R., Beehler, G. P., King, P. R., Vair, C. L., Gass, J., Funderburk, J. S., & Novi, J.** (2015, April). *Identifying measurement-based care practices of VA integrated behavioral health providers*. Poster presented at 36th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, San Antonio, TX.
- Pigeon, W.** (2015, June). *"Managing Sleep in VA PC" symposium presenter*. Sleep 2015 Annual Meeting (VA Sleep Medicine Providers sub-conference), June 6-10th, Seattle WA.
- Pigeon, W.** (2015, June). Case Study. In Christi Ulmer (Chair), *Current & Future Models of Care in Behavioral Sleep Medicine*. Sleep 2015, Seattle, WA.
- Pigeon, W.** (2015, January). *"Sleep & Suicide"*. VA-DOD Suicide Prevention Conference, Dallas, TX.
- Pigeon, W.** (2015, January). *"Brief Behavioral Insomnia Interventions"*. War Related Injury & Illness Research Center, East Orange, NJ.
- Pigeon, W.,** Cerulli, C., Crean, H., Gallegos, A. M., Nelson, L., Casey, C., Gorman, C., Walsh, P., Seehuus, M., Hoh, B., Akinpelu, N., Bui, A., Bishop, T. M., & Heffner, K. (2015, June). *Cognitive-Behavioral therapy for insomnia for survivors of interpersonal violence whosubsequently receive cognitive processing therapy*. Poster presented at the 29th Annual Meeting of the Associated Professional Sleep Societies, Seattle, WA.
- Pigeon, W., & Funderburk, J. S.** (2015, July). Oral Presentation. *Development, Results and Refinement of a Primary Care-Based Insomnia intervention for Depressed Veterans With and Without Suicidal Ideation* 2015 HSRD/QUERI Conference, July 9.
- Pigeon, W., & Funderburk, J. S.** (2015, July). *Development, results, and refinement of a primary care-based insomnia intervention for depressed veterans with and without suicidal ideation*. Paper presentation at the 2015 HSR&D/QUERI National Conference, Philadelphia, PA.
- Possemato, K.,** Webster, D., DeStefano, L., **Beehler, G. P., & Wray, L. O.** (2014, October). *Primary Care Veterans' Barriers, Facilitators, and Preferences for PTSD Treatment*.

Poster presented at the 2014 International Society for Traumatic Stress Studies 29th Annual Meeting, Miami, FL.

Possemato, K., Eaker, A., Pigeon, W., Bergen-Cico, D., Treatman, S., & Brooks, E. (2014, October). *Randomized Clinical Trial of a Brief Primary Care-Based Mindfulness Intervention for Veterans with PTSD*. Poster presented at the 2014 International Society for Traumatic Stress Studies 29th Annual Meeting, Miami, FL.

Possemato, K., Johnson, E., **Wray, L. O.,** & Stecker, T. (2015, July). *A Hybrid Effectiveness-Implementation Study of a Referral Management System to Address Barriers to Treatment Seeking among Veterans with PTSD*. 2015 HSR&D/ QUERI Conference, Philadelphia, PA.

Shepardson, R. L., & Funderburk, J. S. (2015, April). *What do non-treatment seeking Veteran primary care patients do to self-manage anxiety?*. 35th Annual Conference of the Anxiety and Depression Association of America, Miami, FL.

Shepardson, R. L., & Funderburk, J. S. (2014, October). *Adapting evidence-based interventions for anxiety for use in integrated primary care settings*. Paper presented at the 16th Annual Conference of the Collaborative Family Healthcare Association, Washington, DC.

Shepardson, R. L., Funderburk, J. S., & Hunter, C. L. (2014, October). *Patients with anxiety symptoms seen by VA and USAF integrated behavioral health providers: Comorbid symptoms and brief interventions*. Paper presented at the 16th Annual Conference of the Collaborative Family Healthcare Association, Washington, DC.

Vair, C. L., & Beehler, G. P. (2014, October). *Where have they been and where are they going? Advanced psychology trainees' reports on preparation for practice in integrated care*. Paper presented at the Collaborative Family Healthcare Association Annual Conference, Washington, DC.

Vair, C. L., Gass, J., **King, P. R., Wade, M., & Wray, L. O.** (2014, November). *Dementia and mental health concerns in VHA specialty geriatrics: Observations and clinical implications*. Poster presented at the Gerontological Society of America's Annual Scientific Meeting, Washington, DC.

Wray, J. M., Funderburk, J. S., & Maisto, S. A. (2015, February). *A review of interventions for tobacco use appropriate for delivery by a behavioral health provider in primary care*. Poster accepted for presentation at the SRNT 21st Annual Meeting, Philadelphia, PA.

Wray, L. O. (2015, May). The VA Center for Integrated Health Care: A Mental Health Center of Excellence Improving Quality of Primary Care Mental Health. Poster presentation at VA Mental Health Showcase Conference, Washington, DC.

Wray, L. O., & Vair, C. L. (2014, October). *What can behavioral health providers do? Improving primary care of dementia through integration*. Paper presented at the Collaborative Family Healthcare Association Annual Conference, Washington, DC.