

Primary Care Reference Guide for Accessing Mental Health Services for patients with Traumatic Brain Injuries

Question or MH need	MH Reference materials and websites to learn more
Current suicidal ideations with patient in provider's office	Immediately, telephone MH provider in your VA for assistance in immediately evaluating the patient. Do not leave the patient unattended while accessing MH care. Additional guidance can be obtained by calling the Veterans Crisis Line at 1-800-273-8255.
Learning more about how to evaluate for suicidal ideas and general warning signs	http://vaww.mentalhealth.va.gov/rc-suicideprevention.asp http://www.mirecc.va.gov/visn19/education/products.asp
To refer a Veteran in clinic for treatment of MH symptoms beyond the comfort/scope of primary care interventions	PACT providers should turn first to their Primary Care Mental Health Integration Team (PCMHI), if available. If not, referral to Mental Health services per local policy
Defense Center Of Excellence Resource Guide for military families and providers	http://www.dcoe.mil/Libraries/Documents/DCoE_Resource_Catalog_JULY_2015_WEB.pdf http://t2health.dcoe.mil/apps/mtbi
General Facts on TBI exposures in OIF/OEF/OND Veterans: includes information on assessments and treatment recommendations	http://www.polytrauma.va.gov/understanding-tbi/ http://www.dcoe.mil/TraumaticBrainInjury.aspx http://www.myvehucampus.com/desktop/#loc=contentid4422
Neuropsychiatric Manifestations after TBI	http://www.mirecc.va.gov/visn6/TBI_education.asp
Substance Use after TBI and Risk Reduction	http://www.mirecc.va.gov/visn19/education/products.asp
Teaching Tools for trainees on understanding neuroanatomy and neuropsychiatry	http://www.mirecc.va.gov/visn6/Tools-Tips.asp
PTSD Guides and references for providers	http://www.ptsd.va.gov/professional/index.asp

PTSD Guides and references for Veterans and families	http://www.ptsd.va.gov/public/index.asp
Common Post-deployment Symptom Education Guides for patients	http://www.mirecc.va.gov/visn6/Readjustment.asp
Epidemiological Data on Common Diagnoses and numbers of Veterans treated post-deployment	http://www.publichealth.va.gov/epidemiology/reports/oefoifond/health-care-utilization/index.asp
PTSD Consultation Services with the National Center for PTSD	PTSDconsult@va.gov
General Facts on Chronic Pain in OIF/OEF/OND Veterans	http://www.myvehucampus.com/desktop/#loc=contentid224
Clinical Practice Guideline for Patients at Risk for Suicide	http://www.healthquality.va.gov/guidelines/MH/srb/
Clinical Practice Guideline for PTSD	http://www.healthquality.va.gov/guidelines/MH/ptsd/
Clinical Practice Guideline for mild TBI	http://www.healthquality.va.gov/guidelines/Rehab/mtbi/
Clinical Practice Guideline for Opioid Therapy for Chronic Pain	http://www.healthquality.va.gov/guidelines/Pain/cot/
Consensus Conference Recommendations for Treating patients with mild TBI, PTSD, and Pain	http://www.mirecc.va.gov/docs/visn6/Report_Consensus_Conf_Practice_Recommend_TBI_PTSD_Pain.pdf
Mobile Phone APP for Concussion symptom management for patients	https://mobile.va.gov/app/concussion-coach
Mobile Phone APP for PTSD symptom management	https://mobile.va.gov/app/ptsd-coach