

## Family Services

The aim of this program is to support veterans and those closest to them in the recovery process through education, skill building, problem solving, and parenting skills.



Families working together



## Department of Veterans Affairs

James J. Peters VA Medical Center  
130 West Kingsbridge Road  
Bronx, New York 10468

Family Services:  
Phone: (718) 584-9000 (x5340 or x5167)

Mental Health Clinic: (718) 584-9000 x 5237

OIF/OEF Clinic: (718) 584-9000 x 5872

Primary Care: (718) 741-4253

Eligibility: (718) 584-9000 (x5353 or x 5354)



Suicide Prevention Hotline:  
1-800-273-TALK (8255)

<http://www.bronx.va.gov>



James J. Peters  
Department of Veterans Affairs  
Medical Center  
Bronx, New York



## Family Services

Elizabeth Bonuck, LCSW  
Family Therapist  
(718) 584-9000 x 5340

Amelia Bowman, MHC  
Family Therapy  
Facilitator  
(718) 584-9000 x 5167

# Family Services



This program encourages families and other people important to the veteran, to help in their care. Services include: education, information and support with issues that occur daily and inhibit the veteran from participating fully in his or her community.

## Our Goals:

- Working as an alliance between family and treatment team.
- Education to those involved in care.
- Enhanced coping through improved communication and improved problem solving skills.

## Program Goals:

Through meetings with the Family Therapy Team, we hope to provide services that meet the unique needs of families and friends of individuals with adjustment or mental health problems.

## These meetings will provide:

### Assessment:

We will help identify areas where the families, and other people involved in the care of the veteran, might be having difficulties.

### Education:

- Diagnosis
- Medication
- Treatment options
- Stress and its effects on the veteran
- Other factors (substance abuse, gambling, etc.)



## Communication and Problem Solving Skills:

Acquire techniques to enhance listening skills and expression of needs. Learn how to utilize problem solving techniques to work toward appropriate solutions.

## Parenting Skills

Build on skills in parenting to facilitate positive parent-child relationships. Implement new techniques that encourage effective communication.



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