

**Curriculum Vitae**  
**Elizabeth Ann Klingaman, Ph.D.**

Clinical Research Psychologist  
VISN 5 Mental Illness Research, Education, and Clinical Center (MIRECC)

**Date:** October 2, 2015

**Contact Information**

VISN 5 MIRECC  
VA Maryland Health Care System  
10 N. Greene St. (Attn: MIRECC, Annex Bldg, 7<sup>th</sup> floor)  
Baltimore, MD 21201

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**Education**

- 2004 B.A. University of Mary Washington, Psychology and Historic Preservation (Magna Cum Laude)
- 2007 M.S. Loyola University Maryland, Clinical Psychology
- 2012 Ph.D. University of Maryland-College Park, Counseling Psychology (APA Accredited)

**Post Graduate Education and Training**

- 2011-2012 Clinical Psychology Internship Eastern Colorado Health Care System, Denver, CO (APA Accredited)
- 2012-2015 Postdoctoral Fellowship Advanced Fellowship Program in Mental Illness Research and Treatment; VISN 5 MIRECC, Baltimore, MD

**Medical Licenses**

Maryland Licensed Clinical Psychologist (Active)

**Employment History**

**Research Positions**

- 2004-2006 Research Assistant, Loyola College Center for Social and Community Research, Baltimore, MD
- 2006-2008 Program Evaluator, Loyola College Comprehensive Language Study, Baltimore, MD
- 2006-2011 Independent Consultant, Statistical Planning and Analysis for Dissertation Projects, College Park, MD

- 2006-2011 Research Assistant, University of Maryland Counseling Center Testing, Research, and Data Processing Unit, University of Maryland, College Park, MD
- 2010-2011 Biological Science Aide, Neuropsychology Section, VA Maryland Health Care System, Baltimore, MD
- 2015-Present Clinical Research Psychologist, VISN 5 MIRECC, Baltimore, MD

### **Professional Society Memberships and Positions**

- 2013-Present Sleep Research Network; Communications Subcommittee

### **Honors and Awards**

- 2005-2010 Maryland State Senatorial Scholarship for Graduate Studies
- 2007 Jacob K. Goldhaber Travel Award
- 2007-2010 Counseling and Personnel Services Graduate Travel Award
- 2007-2010 University of Maryland College of Education Graduate Fellowship
- 2009 Best Student Poster Award, American Psychological Association Society for the Psychological Study of Ethnic Minority Issues (Division 45)
- 2010 American Psychological Association Student Travel Award
- 2010-2011 University of Maryland College of Education Scholarship
- 2015 Sleep Research Network Travel Award

### **Clinical Activities**

#### Clinical Experience

- 2004-2006 Clinical Extern, Johns Hopkins University School of Medicine, Department of Psychiatry and Behavioral Sciences, Community Psychiatry, Baltimore, MD
- 2007-2009 Clinical Extern, University of Maryland Counseling Center, College Park, MD
- 2008-2009 Clinical Extern, Maryland Psychotherapy Clinic and Research Laboratory, College Park, MD
- 2009 Clinical Supervisor-in-Training, Counseling Psychology Program, University of Maryland, College Park, MD
- 2009-2010 Neuropsychology Extern, VA Maryland Health Care System, Baltimore, MD

- 2010-2011 Clinical Extern, Johns Hopkins University School of Medicine, Johns Hopkins Hospital/Good Samaritan Hospital Department of Physical Medicine and Rehabilitation, Baltimore, MD
- 2011-2012 Psychology Intern, Eastern Colorado Health Care System, Denver, CO (APA-accredited)—Focus: Neuropsychology and Behavioral Health
- 2012-present Psychologist (Postdoctoral Fellow), VA Maryland Health Care System, Psychosocial Rehabilitation and Recovery Center (PRRC), Baltimore, MD
- 2013-present National Trainer, Social Skills Training for Schizophrenia, VA Rollout through the VISN 5 MIRECC, Baltimore, MD
- 2013-present National Consultant, Social Skills Training for Schizophrenia, VA Rollout through the VISN 5 MIRECC, Baltimore, MD

### **Administrative Service**

#### Institutional Service

- 2012- Present UMB/VA Psychology Internship Program, UM Adult Track applications-review and interview
- 2012-2013 Planning Committee member, VISN 5 MIRECC Conference, “Issues of Aging in Veterans with Serious Mental Illness”
- 2012-2013 Planning Committee member, University of Maryland School of Medicine Conference, “Reducing Internalized Stigma of Mental Illness: Mapping Future Directions”

#### Inservices

Klingaman, E. A. (2011, September) Traumatic brain injury. Lecture for traumatic brain injury interdisciplinary team, Denver VA Medical Center, Denver, CO.

Klingaman, E. A. (2011, August). Traumatic brain injury. Neuropsychology inservice for Primary Care Behavioral Health Laboratory Clinic, Denver VA Medical Center, Denver, CO.

### **Editorial Activities: Ad Hoc Editorial Consultant**

Schizophrenia Research  
Psychiatric Rehabilitation Journal

### **Teaching Service**

- 2005 Teaching Assistant, Loyola University Maryland, Baltimore, MD
- 2009 Laboratory Leader for Helping Skills Course, University of Maryland, College Park, MD
- 2005-2011 Private Tutor, Research Methodology and Statistics, Graduate Level, College Park, MD

## Grant Support

### Active Grants

- 2012-2013      Principle Investigator  
Assessment of Veterans and Providers Regarding Sleep Services for Veterans with SMI  
HSR&D QUERI SMI Health Workgroup Locally Initiated Project (LIP)  
Total Costs: \$5,000
- 2013-2014      Principle Investigator  
Sleep and Health Behaviors Project: Needs and Barriers Identified by Veterans and  
Providers  
VA/VISN 5 MIRECC Pilot Project Funding  
Total Costs: \$25,000

### Pending Grants

- 2015-2020      Principle Investigator  
CBT-I for Psychosis: Guidelines, Preliminary Efficacy, and Functional Outcomes  
Rehabilitation Research and Development Service Career Development Award-2

## Publications

### Peer Reviewed Journal Articles

1. Duffy, R. D., & **Klingaman, E. A.** (2009). Ethnic identity and career development among first-year college students. *Journal of Career Assessment, 17*, 286-297.
2. Raque-Bogdan, T. L., **Klingaman, E. A.**, Martin, H. M., & Lucas, M. S. (2013). Career-related parent support and career barriers: An investigation of contextual variables. *The Career Development Quarterly, 61*(4), 339-353.
3. Hill, C. E., Gelso, C. J., Chui, H., Spangler, P., Hummel, A., Huang, T., Jackson, J., Jones, R., Palma, B., Bhatia, A., Gupta, S., Ain, S., **Klingaman, B.**, Lim, R., Liu, J., Hui, K., Jezzi, M., & Miles, J. R., (2014). To be or not to be immediate with clients: The use and effects of immediacy in psychodynamic/interpersonal psychotherapy. *Psychotherapy Research, 24*(3), 299-315.
4. Hoerster, K. D., Lai, Z., Goodrich, D. E., Damschroder, L. J., Littman, A. J., **Klingaman, E. A.**, Nelson, K. M., & Kilbourne, A. M. (2014). Weight loss for Veterans with and without PTSD after participation in a national VA weight management program. *Psychiatric Services, 65*(11), 1385-1388.
5. **Klingaman, E. A.**, Viverito, K. M., Medoff, D. R., Hoffmann, R. M., & Goldberg, R. W. (2014). Strategies, barriers, and motivation for weight loss among veterans living with schizophrenia. *Psychiatric Rehabilitation Journal, 37*(4), 270-276.
6. Park, S. G., Derman, M., Dixon, L. B., Brown, C. H., **Klingaman, E. A.**, Fang, L. J., & ... Kreyenbuhl, J. (2014). Factors associated with shared decision-making preferences among veterans with serious mental illness. *Psychiatric Services, 65*(12), 1409-1413.
7. Littman, A. J., Damschroder, L. J., Verchinina, L., Lai, Z., Kim, H. M., Hoerster, K. D., **Klingaman, E. A.**, Goldberg, R. W., & Goodrich, D. E. (2015). National evaluation of obesity screening and treatment among veterans with and without mental health disorders. *General Hospital Psychiatry, 37*(1), 7-13.
8. Aakre, J. M., **Klingaman, E. A.**, & Docherty, N. M. (2015). The relationship between stigma sentiments and self-identity of individuals with schizophrenia. *Psychiatric Rehabilitation Journal, 38*(2), 125-131.

9. **Klingaman, E. A.**, Medoff, D. R., Park, S. G., Brown, C. H., Fang, L., Dixon, L. B., Hack, S. M., Tapscott, S. L., Walsh, M. B., & Kreyenbuhl, J. A. (2015). Consumer satisfaction with psychiatric services: The role of shared decision-making and the therapeutic relationship. *Psychiatric Rehabilitation Journal*, 38(3), 242-8.
10. **Klingaman, E. A.**, Palmer-Bacon, J., Bennett, M. E., & Rowland, L. M. (2015). Sleep disorders among people with schizophrenia: Emerging Research. *Current Psychiatry Reports*, 17(10), 616.
11. Record, E. J., Medoff, D. R., Dixon, L. B., **Klingaman, E. A.**, Park, S. G., Hack, S. M., Brown, C. H., Fang, L. J., & Kreyenbuhl, J. A. (2015). Access to and use of the internet by veterans with serious mental illness. *Community Mental Health Journal*. Advance online publication. doi: 10.1007/s10597-015-9868-2
12. Janney, C. A., Kilbourne, A. M., Germain, A., Lai, Z., Hoerster, K. D., Goodrich, D. E., **Klingaman, E. A.**, Verchinina, L., & Richardson, C. R. (in press). The influence of sleep-disordered breathing on weight loss in a national weight management program. *SLEEP*.

### **Abstracts and/or Proceedings**

1. Kane, R., Loreck, D. **Klingaman, E. A.**, Carney, S., & Provan, A. (2012, July). Comparison of cognitive screening measures for primary care. *Alzheimer's & Dementia: The Journal of the Alzheimer's Association*, 8(4), P370.
2. Rogers, H. L., Snipes, D. J., Perrin, P. B., **Klingaman, E. A.**, Lemos-Hoyos, M., Jensen, B., & Arango-Lasprilla, J. C. (2013, March). Influence of anger/hostility and stress and depressive symptoms over time in CAD patients and healthy controls from Medellín, Colombia. *Psychosomatic Medicine*, 75(3), A-143.

### **Proffered Communications/Presentations**

1. Risco, C. M., **Klingaman, E. A.**, & Sedlacek, W. E. (2007, August). *Social cognitive correlates of attitudes toward multiculturalism for Latina/o students*. Poster session presented at the 115th annual American Psychological Association Convention, San Francisco, CA.
2. Risco, C. M., London, K., **Klingaman, E. A.**, & Sedlacek, W. E. (2008, March). *Asian American students' views toward diversity-related initiatives*. Poster session presented at the 84th annual American College Personnel Association Convention, Atlanta, GA.
3. **Klingaman, E. A.**, Risco, C. M., Sedlacek, W. E. (2008, March). *A helpseeking profile of international students*. Poster session presented at the International Counseling Psychology Conference, Chicago, IL.
4. Risco, C. M., **Klingaman, E. A.**, & Lucas, M. S. (2008, August). *Relation between pre-college diversity experiences and positive out-group attitudes for Latina/o students*. Poster session presented at the 116th annual American Psychological Association Convention, Boston, MA.
5. Risco, C. M., **Klingaman, E. A.**, & Lucas, M. S. (2009, August). *Ethnic Identity and Other-Group Orientation: Interracial Experiences of Latina/o Students*. Poster presented at the 117<sup>th</sup> annual American Psychological Association Convention, Toronto, Canada.  
*\*\*Project was awarded the APA Division 45 Society for Ethnic Minority Psychology Best Student Poster Award.*
6. **Klingaman, E. A.**, Risco, C. M., & Lucas, M. S. (2010, March). *Culture and college success: Learning from strengths of at-risk groups*. Poster presented at the 86<sup>th</sup> annual American College Personnel Association Convention, Boston, MA.
7. **Klingaman, E. A.** & Lucas, M. S. (2010, August). *Body image among women of color: What mediates culture?* Poster presented at the 118<sup>th</sup> annual American Psychological Association Convention, San Diego, CA.

8. Shafer, K. L., **Klingaman, E. A.**, Lucas, M. S. (2011, March). Sources of meaning in life for college students. Poster presented at the 87th annual American College Personnel Association Convention, Baltimore, MD.
9. Raque-Bogdan, T., **Klingaman, E. A.**, Martin, H. M., & Lucas, M. S. (2011, August). College self-efficacy and outcome expectations: A closer look at contextual variables. Poster presented at the 119<sup>th</sup> annual American Psychological Convention, Washington DC.
10. **Klingaman, E. A.** & Olson-Madden, J. H. (2012, May). *A novel intervention for Veterans with mild traumatic brain injury and substance use disorders*. Poster presentation at the Denver VA Medical Center Research Day, Denver, CO.
11. Kane, R. L., **Klingaman, E. A.**, Carney, S., Provan, A., & Loreck, D. (2012, July). *Comparison of cognitive screening measures for primary care*. Poster presented at the annual Alzheimer's Association International Conference (AAIC), Vancouver, British Columbia, Canada.
12. **Klingaman, E. A.** & Hoffman, M. A. (2012, August). *Body image and fear of negative evaluation: Integration, comparison, and extension of bioecological models*. Poster presented at the 120<sup>th</sup> annual American Psychological Association Convention, Orlando, FL.
13. Rogers, H. L., Snipes, D. J., Perrin, P. B., **Klingaman, E. A.**, Lemos-Hoyos, M., Jensen, B., and Arango-Lasprilla, J. C. (2013, March). *Influence of anger/hostility and stress and depressive symptoms over time in CAD patients and healthy controls from Medellin, Colombia*. Poster presented at the 71<sup>st</sup> American Psychosomatic Society annual meeting, Miami, FL.
14. **Klingaman, E. A.**, Medoff, D. R., Brown, C., Fang, L., & Kreyenbuhl, J. (2013, June). *The role of shared decision making in predicting satisfaction with psychiatry visits*. Poster presented at the University of Maryland Department of Psychiatry Research Day, Baltimore, MD.
15. **Klingaman, E. A.**, Medoff, D. R., Brown, C., Fang, L., & Kreyenbuhl, J. (2013, November). *Among Veterans with serious mental illness, what predicts satisfaction with psychiatry visits? The role of shared decision making*. Poster presented at the 47<sup>th</sup> annual Association for Cognitive and Behavioral Therapies conference, Nashville, TN.
16. Janney, C. A., Lai, Z., Richardson, C., Verchinina, L., Hoerster, K., **Klingaman, E. A.**, Goodrich, D., Germain, A., & Kilbourne, A. (2014, April). *The impact of sleep apnea on weight loss in the MOVE! program for Veterans*. Poster presented at the 35<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, Philadelphia, PA.
17. Hack, S. M., Brown, C. H., Fang, L., Dixon, L. B., **Klingaman, E. A.**, Park, S. G., Adams, C. & Kreyenbuhl, J. A. (2014, June). *Racial differences in preferences for shared decision-making and patient-clinician communication among Veterans with serious mental illness*. Poster presented at the University of Maryland Department of Psychiatry Research Day, Baltimore MD.
18. McCarthy, J. M., **Klingaman, E. A.**, Malik, A. & Bennett, M. E. (2014, June). *Sleep quality and readiness to change health behaviors in schizophrenia*. Poster presented at the University of Maryland Department of Psychiatry Research Day, Baltimore MD.
19. **Klingaman, E. A.**, Goldberg, R. W., Verchinina, L., Kreyenbuhl, J., Littman, A., Damschroder, L., Kim, H. M., Hoerster, K., Janney, C., Owen, R. Goodrich, D., & Lai, Z. (2014, July). *Weight loss for women with serious mental illness after participating in a national VA weight management program*. Poster presented at the 2014 VA HSR&D Women's Health Conference, Arlington VA.
20. Hack, S. M., Brown, C. H., Medoff, D. R., Fang, L., Dixon, L.B., **Klingaman, E. A.**, Park, S. G., Adams, C., & Kreyenbuhl, J. A. (2015, January). *Racial Differences in preferences and behaviors in prescriber-patient communication among veterans with serious mental illness*. Society for Social Work and Research: New Orleans, LA.

### **Invited Presentations**

1. Thoresen, C. E., **Klingaman, E. A.**, & Hoffman, M. A. (2007, August). Counseling health psychology: A career review. In Nicholas, D. R. (Chair). *Establishing careers in counseling health psychology: Advice from experts*. Symposium presentation at the 115<sup>th</sup> annual American Psychological Association Convention, San Francisco, CA.
2. **Klingaman, E. A.**, Duffy, R. D. (2008, March). *Ethnic identity and career development*. A paper presented at a Research and Development Meeting. University of Maryland Counseling Center, College Park, MD.
3. **Klingaman, E. A.** (2009, October). *A bioecological perspective on body image: What does culture have to do with it?* Invited oral presentation at Dartmouth College Psychiatric Research Center, Hanover, NH.
4. **Klingaman, E. A.** (2011, August). *Traumatic brain injury services: How can they interface with primary care?* Neuropsychology inservice for Primary Care Behavioral Health Laboratory Clinic, Denver VA Medical Center, Denver, CO.
5. **Klingaman, E. A.** (2011, September). *Traumatic brain injury*. Invited lecture for traumatic brain injury interdisciplinary team, Denver VA Medical Center, Denver, CO.
6. **Klingaman, E. A.** (2013, April). *Sleep problems and insomnia among persons with serious mental illness*. Invited oral presentation at the VISN 5 MIRECC Clinical Science Meeting, Baltimore VA Medical Center, Baltimore, MD.
7. **Klingaman, E. A.** (2014, February). *Weight loss and veterans with schizophrenia: Insights from the MOVE!23*. Invited teleconference presentation at the VHA Prevention Obesity Research Interest Group (ORIG) meeting, Baltimore VA Medical Center, Baltimore, MD.
8. Blank, Y. & **Klingaman, E. A.** (2015, June). *Sleep in Veterans with Serious Mental Illness: What Does a Qualitative Approach Bring to the Table?* Invited oral presentation at the Psychology Internship Research Presentations, Baltimore VA Medical Center, Baltimore, MD.
9. **Klingaman, E. A.** (2015, June). *CBT-I for veterans with psychosis*. Poster presentation at the Penn Sleep-Chronobiology Research Retreat, Levy Conference Center, Penn Law School, Philadelphia, PA.