



## National Community-Based Outpatient Clinic (CBOC) Mental Health (MH) Grand Rounds: Needs of CBOC and Rural Mental Health Providers Checklist

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This checklist will help CBOC MH Grand Rounds presenters tailor their presentation slides to a rural and CBOC provider audience. Check your slides for inclusion of as many of these items as possible before submission to the program coordinator for accreditation.

### Background on CBOCs

- CBOCs often lack resources compared to VA medical centers. CBOCs do not offer services such as inpatient, chaplain, and specialized ancillary services.
- CBOCs can be small with few staff or larger than some medical centers. Sometimes, general practitioners and a mental health provider are the only ones available to deliver evidence-based psychotherapies and other services.
- CBOCs often serve as “one-stop shops” for VA care. Having knowledge of specialty or infrequently used programs is important for providers.

### CBOC Inclusion Checklist

- Actionable tips are specified for providers to incorporate the skills learned in your webinar?
- It is discussed how providers can implement the skills learned in your webinar without a full support staff or limited available appointments?
- The most fundamental takeaways providers should know about your program or therapy to help Veterans are highlighted?
- Case scenarios and examples are tailored to a rural and CBOC provider audience? This includes having a CBOC serve as the setting and excludes medical center specialized services and positions that are unavailable in CBOCs.
- CBOC providers may have little time for training, particularly face-to-face. If applicable, does your program or therapy offer V-tel/telephone consultation, emails, on-demand videos/e-learning, etc.?
- Some rural and CBOC providers have little access to private sector resources in their community. If applicable, describe how your program or therapy works around this constraint.
- End your webinar with practical strategies rural and CBOC providers can use to implement your program or therapy. Our “[Tips for Rural and CBOC Providers](#)” PowerPoint slides may be inserted in your presentation to serve this purpose.