

AUDIT-C

The three-item Alcohol Use Disorders Identification Test (AUDIT-C) is a brief survey instrument designed to identify at-risk drinking behaviors that could indicate alcohol use disorder. AUDIT-C has been validated in mental health and primary care clinics.

Interpretation Instructions

Add up the circled numbers for each item to derive a total score. Below are guidelines for interpreting symptom severity based on total score: *Note:* Total scores are interpreted differently for men and women.

For men: A total score of 4 or greater indicates elevated risk for hazardous drinking or active alcohol use disorder.

For women: A total score of 3 or greater indicates elevated risk for hazardous drinking or active alcohol use disorder.

Greater scores indicate greater risk posed to the patient's health and safety.

AUDIT C

Name: _____ Date: _____

1: How often did you have a drink containing alcohol in the past year?	
Never	0
Monthly or less	1
Two to four times a month	2
Two to three times a week	3
Four or more times a week	4
2: How many drinks did you have on a typical day when you were drinking in the past year?	
None, I do not drink	0
1 or 2	0
3 or 4	1
5 or 6	2
7 to 9	3
10 or more	4
3: How often did you have six or more drinks on one occasion in the past year?	
Never	0
Less than monthly	1
Monthly	2
Weekly	3
Daily or almost daily	4

Total _____