



Supporting Providers Who Serve Veterans

What is suicide postvention?

While most people are familiar with the concept of suicide prevention, fewer may know the term suicide postvention and what it entails. **Suicide postvention refers to providing immediate and ongoing support to those impacted by a suicide loss.** Postvention is critical to promote healing after suicide and reduces suicide risk for loss survivors.

Find out more about suicide postvention by visiting the [Uniting for Suicide Postvention \(USPV\) website](#), a public resource that focuses on postvention education for community, providers, and workplace settings. Alongside USPV, the Suicide Risk Management Consultation Program (SRM) provides tools and support for those affected by suicide loss.



Health care providers as loss survivors

Many providers will lose a patient to suicide at some point during their career. This loss can have a profound impact—both personally and professionally. In this situation, it's important to know they are not alone. Many providers experience a range of grief reactions, professional self-doubt, and fear of blame. Healing often involves seeking support, allowing oneself to grieve, and engaging in self-care. **SRM consultants offer a safe space to ask questions and receive support.**



The impact of suicide in the workplace

Suicide in the workplace can have a significant impact on individual employees, company culture, and the workplace environment. Leaders' actions make a tremendous difference after a workplace suicide. Offering support to employees is critical to encourage healing and reduce suicide risk for those affected. **SRM is available to provide consultation and guidance for postvention in the workplace.**

SRM & Postvention

We Support Providers Who Serve Veterans

The Suicide Risk Management Consultation Program provides free consultation, support, and resources. SRM is available to VA or non-VA community providers serving Veterans who would like support surrounding a suicide loss and/or to consult on suicide postvention practices.

Postvention consultation can include:

- ▶ Individual/group support after suicide loss
- ▶ Planning a postvention response
- ▶ Establishing/expanding postvention services
- ▶ Safe messaging (how to communicate to others about suicide)
- ▶ Postvention resources

Contact SRM About Suicide Postvention

Visit SRM online at www.mirecc.va.gov/visn19/consult or send us an email at SRMConsult@va.gov.



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