

VA/Clubhouse Point of Contact: Volunteer Information Flyer

What is a Clubhouse?

Clubhouses are inclusive community centers where individuals with mental health conditions can build long-term relationships and community. Recreational opportunities are offered, and Clubhouse members are supported in finding paid work, secure and affordable housing, educational resources and crisis intervention as needed. Research shows that the Clubhouse model effectively promotes holistic recovery outcomes like decreased hospitalizations, improved well-being, more close friendships and better physical and mental health.

What does a VA/Clubhouse Point of Contact do?

Though Clubhouses are a valuable community resource for individuals with mental health conditions, many VA providers and Veterans are not aware of them. To address this gap, a VA/Clubhouse Point of Contact cultivates an ongoing relationship between their VA facility and local Clubhouse(s). The role is flexible and tailored to local context. For example, the Point of Contact can plan an in-service, open house or information fair to spread awareness about local Clubhouse(s) to Veterans and VA providers at their VA facility. The Point of Contact can also have regular meetings with Clubhouse staff to exchange ideas about how to collaborate.

Who can be a Point of Contact?

Any VA provider that has an interest in collaborating with local Clubhouses can fill this role. Current Points of Contact are Local Recovery Coordinators, Peer Support Specialists, psychologists, social workers, nurses and more!

What is the time commitment to being a Point of Contact?

This will vary depending on site needs and how many Clubhouses are in the area. At minimum we recommend a monthly communication with the clubhouse director or designated clubhouse contact via telephone, in person, e-mail or other virtual means.

Can there be more than one Point of Contact at one facility?

Yes, especially in areas with multiple Clubhouses!

What do I do if I'm interested in being a Point of Contact?

Contact Jason Riddle at: Jason.Riddle@va.gov

Visit <https://clubhouse-intl.org> for more on Clubhouses!

