

Checklist of Social Pressure Situations

To what extent do you expect that these situations could pose a problem for you in achieving your treatment goals?

	No Problem	Some Problem	Big Problem
1. I am around other people who are drinking and/or using other drugs.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. Someone who is important to me is still drinking and/or using other drugs.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. Family members disapprove of my not drinking and/or using other drugs.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. Friends disapprove of my not drinking and/or using other drugs.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. Other people feel uncomfortable because I am not drinking and/or using other drugs.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. People offer me a drink and/or other drug.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. I am embarrassed to tell other people that I am not drinking and/or using other drugs.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. Someone I live with is a drinker and/or uses other drugs.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9. Most of my close friends drink and/or use other drugs.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10. I go to parties and celebrations where there is drinking and/or other drug use.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11. I try to help someone who drinks and/or uses other drugs too much.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12. Someone I love drinks and/or uses other drugs too much.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>