CURRICULUM VITAE

LETITIA E. TRAVAGLINI, PH.D.

Psychologist, Clinician Investigator

Veterans Affairs Capitol Healthcare Network Mental Illness Research, Education, and Clinical Center (MIRECC)

CONTACT INFORMATION

Phone: 410-698-8769

E-mail Address: Letitia.travaglini@va.gov

AREAS OF INTEREST IN CHRONIC PAIN MANGEMENT AMONG VETERANS WITH SERIOUS MENTAL ILLNESS (SMI)

- Improving functional outcomes for veterans with co-occurring chronic pain and SMI
- Identifying personal and systemic barriers to veterans with SMI accessing pain management services
- Developing and evaluating behavior interventions to treat chronic pain in veterans with SMI
- Secondary interests: healthcare integration and care coordination for individuals with comorbid mental and physical health conditions

EDUCATION

2016	Ph.D.	University of Maryland, Baltimore County (Baltimore, MD)
		Human Services Psychology: Clinical & Community/Applied Social Psychology Tracks
		Dissertation: Reducing HIV/AIDS Stigma through Video Public Service Announcements
		Predoctoral Internship: VAMHCS/University of Maryland School of Medicine Psychology
		Internship Consortium (Baltimore, MD)
2012	M.A.	University of Maryland, Baltimore County (Baltimore, MD)
		Human Services Psychology
		<i>Master's Thesis</i> : Expectancies and Motives as Mediating Links Between College Students' Personality and Alcohol Use
2009	M.A.	West Chester University of Pennsylvania (West Chester, PA)
		Clinical Psychology
2007	B.S.	Lafayette College (Easton, PA)
		Psychology, Honors in Psychology
		Honor's Thesis: Gender Differences in College Students' Competitiveness in Sports-related
		Computer Games
		Computer Cames

POST-GRADUATE EDUCATION & TRAINING

2016-2019	Postdoctoral Fellowship , VA Advanced Fellowship in Mental Illness Research and Treatment VISN 5 MIRECC (Baltimore, MD)
2021-2022	Certificate in Integrative Health and Wellness, University of Maryland Graduate School (Baltimore, MD)

LICENSURE

2018 Licensed Psychologist, Active (Maryland)

CURRENT POSITIONS

Psychologist, Clinical Investigator, VISN 5 MIRECC (Baltimore, MD)

- 75% FTE: Career Development Award-2: research and training focused on chronic pain conditions among Veterans with serious mental illness (SMI)
- 20% FTE: Uniformed Services University of the Health Services Medical Research Project; co-investigator on grant examining inequities in low back pain treatment among individuals transitioning from Military Health Services to Veterans Affairs healthcare
- 05% FTE: Geriatric Scholars Program; subject matter expert for development of training modules on managing comorbid pain and substance use disorders in older Veterans

GRANT FUNDING

09/2022 - 09/2025	Evaluation of Multifaceted and Multi-Systems Equity and Disparities in Low Back Pain Treatment and Outcomes in Women Veterans Uniformed Services University of Health Sciences (USUHS) Medical Research Projects Co-Investigator (20%)
	Total Direct Costs: \$1,122,942
09/2021 – 03/2023	Understanding the Ways that Chronic Pain, Depression Symptoms, and Resilience Affect Retention in and Adherence to Medications for Opioid Use Disorder Treatment National Institute of Drug Abuse (NIDA) #R24DA051975 Co-Investigator (5% in kind) Total Direct Costs: \$24,611.00
02/2020 – 01/2025	Improving the Assessment and Treatment of Chronic Pain in Veterans with Serious Mental Illness VA Rehabilitation Research & Development Career Development Award-2 (CDA-2) Principle Investigator (75%) Total Direct Costs: \$846,939.00
07/2017 – 06/2018	Chronic Pain Experience and Management among Veterans with Bipolar Disorder VISN 5 MIRECC Pilot Resource Fund Principle Investigator (0%) Total Direct Costs: \$24,767.00

RESEARCH EXPERIENCE

02/2020 - Present	 Psychologist, Clinician Investigator, VISN 5 MIRECC (Baltimore, MD) <i>Center Director</i>: Richard Goldberg, Ph.D. Grant funding: VA Rehabilitation Research & Development CDA-2; USUHS Medical Research Projects
09/2016 - 01/2020	Postdoctoral Fellow , VA Advanced Fellowship in Mental Illness Research and Treatment VISN 5 MIRECC (Baltimore, MD) <i>Center Director</i> : Richard Goldberg, Ph.D. <i>Primary Supervisor</i> : Melanie Bennet, Ph.D.
11/2015 - 02/2016	Consultant , University of Maryland, Baltimore County (UMBC; Baltimore, MD) Department of Psychology, Center for Community Collaboration <i>Center Director</i> : Carlo C. DiClemente, Ph.D. Grant Funding: SAMHSA Minority AIDS Initiative, SM-11-03 (PI: Maryland Department of

	Health and Mental Hygiene)
08/2015 - 06/2016	Psychology Intern, VA Maryland Health Care System/University of Maryland School of Medicine Psychology Internship Consortium (Baltimore, MD) University of Maryland School of Medicine, Department of Psychiatry <i>Supervisor/PI</i> : Seth Himelhoch, M.D. Grant Funding: SAMHSA, 5U79SM057654-04SM057654 (PI: Himelhoch)
07/2012 - 06/2015	Research Assistant, UMBC (Baltimore, MD) Department of Psychology, Center for Community Collaboration <i>Center Director</i> : Carlo C. DiClemente, Ph.D. Grant Funding: SAMHSA Minority AIDS Initiative, SM-11-03 (PI: Maryland Department of Health and Mental Hygiene)
08/2011 - 08/2013	Campus Team Member , UMBC (Baltimore, MD) Department of Student Affairs, NCHIP Learning Collaborative on High Risk Drinking <i>Campus Team Leaders</i> : Nancy Young, Ph.D. & Joel Dewyer, M.A.
06/2008 - 07/2010	Research Assistant, University of Pennsylvania School of Medicine (Philadelphia, PA) Department of Psychiatry, Aaron T. Beck Psychopathology Research Center <i>Principle Investigator</i> : Aaron T. Beck, M.D. Grant Funding: National Alliance for Research on Schizophrenia and Depression (NARSAD), Distinguished Investigator Award (PI: Beck) National Institute of Mental Health (NIMH), K99 MH080100, P20 MH71905 (PI: Beck)
09/2006 - 05/2007	EXCEL Scholar, Lafayette College (Easton, PA) Department of Psychology <i>Supervisor</i> : Jennifer M. Talarico, Ph.D.

CLINICAL ACTIVITIES

Clinical Expertise

Provision of evidence-based treatments (EBTs) for adults with SMI, emotional disturbance, substance use disorders, and acute and chronic physical health conditions delivered within multidisciplinary and recoveryoriented treatment settings. Includes psychoeducation, cognitive-behavioral approaches, and motivational interviewing in individual and group-based formats.

Proficient in the following EBTs

- Cognitive-Behavioral Therapy (CBT) for mood, anxiety, substance use, psychosis, and chronic pain
- Motivational Interviewing (MI), individual and group formats
- Screening, Brief Intervention, and Referral to Treatment (SBIRT)
- Illness Management and Recovery (IMR)

Clinical Experience

02/2020 - 03/2022 Pain Psychologist

VAMHCS Department of Neurology Chronic Pain Service (Baltimore, MD), 10 hours per week Behavioral Pain Management group therapy (8-week psychoeducation and cognitive-behavioral skills group) for Veterans with chronic pain conditions; Individual CBT for chronic pain; Pain psychology evaluations; Biofeedback training

05/2017 – 12/2019 **Postdoctoral Fellow, Interventionist & Evaluator**

VAMHCS Department of Neurology Chronic Pain Service (Baltimore, MD)

Behavioral Pain Management group therapy (8-week psychoeducation and cognitive-behavioral skills group) for Veterans with chronic pain conditions; Individual CBT for chronic pain; Pain psychology evaluations; 5 contact hours per week

09/2016 – 06/2018 **Postdoctoral Fellow, Interventionist** VAMHCS Psychosocial Rehabilitation and Recovery Center (Baltimore, MD) IMR group therapy with Veterans with SMI; .75 contact hours/week Pain education group for Veterans with SMI; .75 contact hours/week, 4 sessions (January 2018)

07/2015 – 06/2016 **Psychology Intern**

VAMHCS Family Intervention Team (Baltimore, MD) Emotion-Focused Couples Therapy (EFT) with Veterans and their partners with supervision from an EFT-trained supervisor; 1-2 contact hours/week

07/2015 – 06/2016 **Psychology Intern**

University of Maryland Medical Center Adult Outpatient Psychiatry (Baltimore, MD) Individual and couples therapy, intake appointments, psychodiagnostic assessment with adults with mood, anxiety, trauma, SMI, and substance-related concerns; 20 contact hours/week

09/2014 – 05/2015 Doctoral-Level Practicum Student

University Counseling Center, UMBC (Baltimore, MD) Individual and group therapy with students presenting with adjustment, mood, anxiety, and substance use concerns; outreach programming; 8-10 contact hours/week

05/2014 – 08/2014 Doctoral-Level Psychology Extern

Clinical Services Department, Good Shepherd Services, Inc. (Halethorpe, MD) Comprehensive assessments (cognitive, intelligence, achievement, psychodiagnostic) within a residential treatment center for adolescents and young adults; 6 contact hours/week

09/2013 – 05/2014 Doctoral-Level Clinical Extern

Behavioral Health Services, Chase Brexton Health Care (Baltimore, MD) Individual and group therapy and intake appointments with adults with mood, anxiety, trauma, SMI, and substance-related concerns; 10-12 contact hours/week

09/2012 – 07/2013 **Doctoral-Level Extern**

Center for Families Care Clinic, Department of Pediatrics, Division of Child Protection, University of Maryland School of Medicine (Baltimore, MD) Individual and family therapy, intake appointments, and comprehensive assessments with children and families with trauma histories; 8-10 contact hours/week

09/2011 – 05/2012 **Doctoral-Level Extern**

Department of Physical Medicine & Rehabilitation, Johns Hopkins University (Baltimore, MD) Brief therapeutic interventions and assessments (psychodiagnostic, cognitive, neurobehavioral) with adult patients on acute medical rehabilitation units; 10 contact hours/week

05/2009 – 12/2009 Master's-Level Intern

Center for Addictive Diseases, Main Line Health (Drexel Hill, PA) Intensive outpatient group therapy and individual and family therapy with adults with substance use disorders; 10 contact hours/week

01/2009 – 06/2009 Master's-Level Practicum Student

Center for Cognitive Therapy, Department of Psychiatry, University of Pennsylvania School of Medicine (Philadelphia, PA) Intake and psychodiagnostic assessments with adults with mood, anxiety, and personality disorders; 3 contact hours/week

06/2007 – 06/2008 Behavior Mentor

CHAAMP Program, Chester County Intermediate Unit (Downingtown, PA) One-on-one aid in Applied Behavior Analysis program from adolescents and young adults with moderate to severe autism; 35 contact hours/week

Project Development

01/2022 - Present **Subject Matter Expert, Training Development**, Geriatric Scholars Program VAMHCS Geriatric Research, Education, and Clinical Center (GRECC; Baltimore, MD) *Project Site Lead*: Beth Hogans, MS, MD, PhD Developing training modules for managing comorbid pain and substance use disorder among older Veterans, including an example patient case with example treatment sessions. My particular contribution includes developing script for mental health treatment encounter and developing training slides for considerations for comorbid substance use disorder in the context of pain management and behavioral pain management strategies.

01/2012 – 02/2016 Research Assistant & Consultant, UMBC (Baltimore, MD)

Department of Psychology, Center for Community Collaboration *Center Director*: Carlo C. DiClemente, Ph.D. Developed an integrated screening tool, the *No Wrong Door Integrative Screener*, to help providers identify risk and referral needs for targeted health domains (physical health, mental health, sexual risk behavior, infectious disease risk). Created a comprehensive scoring system through Microsoft Excel®. Trained treatment providers on use of the tool and provided ongoing consultation and technical support.

Provision of Clinical and Research Supervision and Consultation

08/2022 - Present	Research Supervision, Psychology Intern
	VAMHCS/UMSOM Internship Consortium (Baltimore, MD)
	Supervise psychology intern on intern research project
	2022-2023: M. Achee, An examination of comorbid chronic pain and bipolar disorder in
	Veterans: Evidence for greater internal locus of control than previously believed
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08/2020 – Present **Clinical and Research Supervision, Psychologist Postdoctoral Fellows** VISN 5 MIRECC (Baltimore, MD) 2020-2021: N. Tonge 2021-Present: H. Miles-McLean 2022-Present: C. Kacmarek

11/2018 – 02/2019 Tiered Supervision
 VAMHCS Department of Neurology Chronic Pain Service (Baltimore, MD)
 Supervisor: Arianna Perra, Psy.D.; Licensed Psychologist, Maryland
 Supervised doctoral-level psychology intern in Behavioral Pain Management group; 1 contact hour/week

09/2016 – 12/2019 Assessment Supervision VISN 5 MIRECC (Baltimore, MD) *Principle Investigator*: Melanie Bennett, Ph.D.; Licensed Psychology, Maryland Supervised research assistants on the use of the Semi-Structured Clinical Interview for DSM-5 (SCID-5) and the Brief Psychiatric Rating Scale (BPRS) for use in a randomized controlled trial evaluating the use of a group intervention to reduce negative symptoms in Veterans with

schizophrenia; 1 contact hour/month

09/2016 – 02/2018 **Tiered Supervision**

VAMHCS Psychosocial Rehabilitation and Recovery Center (Baltimore, MD) Supervisor: Clare Gibson, Ph.D.; Licensed Psychologist, Maryland Supervised doctoral-level psychology extern in group and individual therapy and psychosocial assessments; 1 contact hour/week

07/2015 - 06/2016 **Peer Consultation**

University of Maryland Medical Center Adult Outpatient Psychiatry (Baltimore, MD) Supervisor: Miranda Kofeldt, Ph.D.; Licensed Psychologist, Maryland Consulted with third year psychiatry residents on shared clients and individual therapy clients

TEACHING SERVICE, TRAININGS, AND INVITED TALKS

Graduate Teaching

01/2017 - 05/2021	Adjunct Faculty , University of Baltimore, Division of Applied Behavioral Sciences Applied Assessment Procedures (Spring 2017, Spring 2019, Spring 2021); Professional Identity, Ethics, and Legal Issues in the Practice of Counseling and Psychology (Summer 2017, Fall 2017)
05/2018	Guest Lecturer , University of Baltimore, Division of Applied Behavioral Sciences Course: Substance Use (Spring 2018)

Presentation: Chronic Pain and Substance Use Disorders

Undergraduate Teaching

03/2021, 03/2023	Guest Lecturer , Shippensburg University of Pennsylvania Course: Health Psychology (Spring 2021, Spring 2023) Presentation: <i>Chronic Pain and Nonpharmacological Pain Management</i>
03/2017	Guest Lecturer , Maryland Institute College of Art Course: Abnormal Psychology (Spring 2017) Presentation: <i>Mood Disorders</i>
08/2016 - 05/2018	Adjunct Faculty, University of Baltimore, Division of Applied Behavioral Sciences Health Psychology (Fall 2016, 2017); Theories of Personality (Spring 2017, 2018)
Fall 2014	Instructor , UMBC, Department of Psychology Independent Study: Creating HIV-related PSAs
08/2010 - 08/2012	Teaching Assistant , UMBC, Department of Psychology Experimental Psychology: Design & Analysis I (Fall 2010, Spring 2011, Summer 2011, Summer 2012); Child Development (Fall 2011)

Intern, Resident, and Fellow Teaching/Training

02/2023	Invited Speaker , University of Maryland Family Medicine Grand Rounds Presentation: Chronic Pain: The Role of Pain Psychology and Behavioral Pain Management Audience: 20 family medicine residents, 1 contact hour
09/2020 – present	Trainer , VAMHCS Chronic Pain Service VA Complementary and Integrative Health Training, University of Maryland School of Medicine Family Medicine Residents

	Presentation: Pain Psychology Overview Audience: one family medicine resident per month, 2 contact hours/month
09/2020; 08/2021	Invited Panelist, Internship seminar VAMHCS/University of Maryland School of Medicine Psychology Internship Consortium Presentation: Career Paths Panel Audience: 10 interns (2020), 13 interns (2021); 2.5 contact hours
10/2019	Invited Speaker, Internship seminar VAMHCS/University of Maryland School of Medicine Psychology Internship Consortium Presentation: Postdoctoral Fellowships in VA: Mental Illness Research and Psychosocial Rehabilitation Audience: 10 interns; 2.5 contact hours
09/2016 - 09/2017	Co-Director , SMI Intern Seminar Series VAMHCS/University of Maryland School of Medicine Psychology Internship Consortium Planned and implemented a bimonthly didactic seminar for SMI track interns Audience: 3-5 interns and practicum students; 3 contact hours/month
11/2015	Invited Speaker , University of Maryland School of Medicine, Department of Psychiatry Presentation: <i>Introduction to Motivational Interviewing</i> Audience: 3 third year psychiatry residents; 3 contact hours
10/2015	Invited Speaker , University of Maryland School of Medicine, Department of Psychiatry Presentation: <i>Basic Skills in Problem-Focused Therapy</i> Audience: 3 third year psychiatry residents; 1 contact hour
02/2014; 02/2015	Invited Speaker , University of Maryland, Baltimore, Department of Pediatrics, Division of Child Protection, Center for Families Care Clinic (Baltimore, MD) Presentation: <i>Substance Use and Risk Behavior in Adolescents</i> Audience: two presentations; 6 psychology trainees; 1 contact hour/presentation
03/2013	Invited Speaker , University of Maryland, Baltimore, Department of Pediatrics, Division of Child Protection (Baltimore, MD) Presentation: <i>Vicarious Trauma</i> Audience: 15-20 first year medical residents; 1 contact hour
Clinical and Resea	rch Staff Presentations/Trainings
02/2023	Invited Speaker , VA Maryland Health Care System Grand Rounds Presentation: <i>Chronic Pain and Serious Mental Illness: Complexities and Considerations fo</i>

02/2025	invited opeaner, vir that fland fleath care by stem of and floathas
	Presentation: Chronic Pain and Serious Mental Illness: Complexities and Considerations for
	Cognitive Behavioral Therapy for Chronic Pain (CBT-CP)
	Audience: 55 VAMHCS providers, including physicians, nurses, psychologists, social workers; .75 contact hours
11/2022	Invited Speaker , VA HSR&D Pain/Opioid Core Early Career Workgroup Presentation: <i>RR&D CDA-2: From "Where to I begin?!" to "It's Time to Write a Merit!?"</i>
	Audience: 20 early career pain researchers and fellows; 0.5 contact hours
07/2021	Invited Speaker, Baltimore VA Psychosocial Recovery and Rehabilitation Center, VA
	Maryland Health Care System
	Presentation: Chronic Pain and its Impact on Recovery
	Audience: 6 Veterans with serious mental illness enrolled in PRRC program; 1 contact hour
09/2019	Invited Speaker, Pain Research, Informatics, Multimorbidities, and Education (PRIME)
	Center, VA Connecticut Healthcare System

	Presentation: <i>It's Like Adding Gasoline to a Fire: Chronic Pain among Veterans with Bipolar Disorder</i> Audience: approximately 20 researchers and clinicians within the PRIME Center and VA Connecticut Healthcare System; 1 contact hour
09/2018	Expert Speaker , SAMHSA Recovery to Practice CE Podcast Series Podcast: <i>The Role of Pain Management in Recovery</i> Audience: varied health care providers, primarily prescribers, who work with individuals with serious mental illness; 45-minute podcast
04/2018	Invited Speaker , VISN 5 MIRECC Science Meeting (Baltimore, MD) Presentation: <i>Chronic Pain & Bipolar Disorder: Preliminary Findings from a Qualitative Pilot Study</i> Audience: ~20 researchers and clinicians within the VA Maryland Health Care System; 1 contact hour
04/2017	Invited Speaker , VISN 5 MIRECC Science Meeting (Baltimore, MD) Presentation: <i>Chronic Pain in Veterans with Complex Presentations</i> Audience: ~20 researchers and clinicians within the VA Maryland Health Care System; 1 contact hour
02/2017	Invited Speaker , VISN 5 MIRECC Peer Specialist Webinar Series (Baltimore, MD) Presentation: <i>Screening, Brief Intervention, and Referral to Treatment (SBIRT) for Substance</i> <i>Use</i> Audience: 8 peer support specialists; 1.5 contact hour
06/2014 - 06/2015	Trainer , UMBC, Department of Psychology, Center for Community Collaboration (Baltimore, MD) Training: <i>Motivational Interviewing Skills for Sexual Health</i> Audience: three (3) presentations; direct service providers at local health departments and health care agencies; 15-20 providers/presentation; 6 contact hours/presentation
08/2013 - 06/2015	Trainer , UMBC, Department of Psychology, Center for Community Collaboration (Baltimore, MD) Training: <i>The No Wrong Door Integrative Screener: Screening, Brief Intervention, and</i> <i>Referral to Treatment</i> Audience: 10 presentations; direct service providers at local health departments and health care agencies; 5-12 providers/presentation; 3 contact hours/presentation

PUBLICATIONS

Articles Under Review

Travaglini LE, Bennett ME, Kacmarek C, Kuykendall L, Coakley G, Lucksted AL. Barriers to accessing pain management services among veterans with bipolar disorder. *Health Service Research Journal*; in press.

Peer-Reviewed Publications

- Tonge N, Travaglini LE, Brown CL, Muralidharan A, Goldberg R. Impact of Mental Health on Seeking Pain Care Among Veterans with Serious Mental Illness. *General Hospital Psychiatry*. 2022; 75:92-93. doi: 10.1016/j.genhosppsych.2021.07.008
- **Travaglini LE**, Kuykendall L, Bennett ME, Abel EA, Lucksted A. The relationship between chronic pain and mood states in veterans with bipolar disorder. *Journal of Affective Disorders*. 2020; 277;765-771. doi: 10.1016/j.jad.2020.08.069

- Travaglini LE, Kreyenbuhl J, Graydon M, Brown CH, Goldberg R, Himelhoch S, Fang LJ, Slade E. Access to sofosbuvir treatment for hepatitis C virus among veterans with serious mental illness. *Psychiatric Services* 2020;71(2):192-195. doi: 10.1176/appi.ps.201900227
- Phalen RL, Muralidharan A, Travaglini L, Bennett M, Stahl N, Brown C, Hack S, Klingaman EA, Goldberg R. Predictors of attendance in health and wellness treatment groups for people with serious mental illness. Psychiatric Rehabilitation Journal. 2020; 43(2):149-155. doi: 10.1037/prj0000376
- Travaglini LE, Cosgrave J, Klingaman EA. The impact of pain and sleep problems on quality of life among veterans with serious mental illness. *Psychiatric Rehabilitation Journal*. 2019; 42(3):229-237. doi: 10.1037/prj0000358
- **Travaglini LE**, Highland KB, Rojas W, Buckenmaier CC, Kent M. Identification of functioning domains in the pre-surgical period and their relationships with opioid use. *Pain Medicine*. 2019;20(9):1717-1727. doi: 10.1093/pm/pny246
- **Travaglini LE**, Himelhoch SS, Fang LJ. (2018). HIV stigma and its relation to mental, physical and social health among Black women living with HIV/AIDS. *AIDS Behavior*. 2018; 22:3783-3794. doi: 10.1007/s10461-018-2037-1
- Travaglini LE, Li L, Brown CH, Bennett ME. (2017). Predictors of smoking cessation group treatment engagement among veterans with serious mental illness. *Addictive Behaviors*. 2017; 75:103-107. doi: 10.1016/j.addbeh.2017.07.005
- DiClemente CC, Norwood AQ, Gregory WH, Travaglini L, Graydon MM, Corno CM. Client-centered, collaborative, and comprehensive care: The royal road to recovery. *Journal of Addictions Nursing*. 2016; 27(2):94-100. doi: 10.1097/JAN.00000000000120
- **Travaglini LE**, Treadwell TW, Reisch EE. Confidentiality and cohesion in groups: Collaborative story building and telling as a means of improving the therapeutic experience. *Group*. 2012; 36(4):317-331.
- Treadwell TW, Reisch EE, Travaglini LE, Kumar VK. The effectiveness of collaborative story building and telling in facilitating group cohesion in a college classroom setting. *International Journal of Group Psychotherapy*. 2011; 61(4):503-518. doi: 10.1521/ijgp.2011.61.4.502
- **Travaglini LE**. Gender differences in college students' competitiveness in sports-related computer games. *Conference Proceedings of the 2007 National Conference for Undergraduate Research*. 2007.

Books and Workbooks

- Treadwell TW, with Dartnell DJ, **Travaglini LE**, Abeditehrani H. *Integrating CBT with experiential theory and practice: A group therapy workbook.* 2021. New York: Routledge.
- Treadwell TW, Dartnell D, **Travaglini LE**, Staats M, Devinney K. *Group therapy workbook: Integrating cognitive behavioral therapy with psychodramatic theory and practice*. 2016. Parker, CO: Outskirts Press.

Newsletters

- Travaglini L, Kuykendall L. Chronic pain and serious mental illness. MIRECC Matters. March 2018; 19(1):3.
- **Travaglini LE**, Mangan TK, Seavers CM, Treadwell TW. Group cohesion via Collaborative Story Building. *The Group Psychologist*. 2010; 20(3):6-8.

PROFESSIONAL PRESENTATIONS

Smith HC, Kacmarek C, Hall W, Belcher A, Demory M, Greenblatt A, Fitzsimons H, **Travaglini L**, Bennett M. Depression symptoms and chronic pain as predictors for treatment retention in patients with OUD. Poster to be presented at the American Psychological Association Convention (APA); August 2023; Washington, DC.

- Achee M & **Travaglini LE**. An examination of comorbid chronic pain and bipolar disorder in Veterans: Evidence for greater internal locus of control than previously believed. Poster presented at the 2023 Association for Psychological Science (APS) Annual Conference; May 2023; Washington, DC.
- **Travaglini LE**, Smith HC, Hall W, Belcher A, Fitzsimons H, Greenblatt A, Bennett M. Pain, depression, and resilience among patients receiving medication for opioid use disorder (MOUD) treatment. Poster presented at the University of Maryland Department of Psychiatry Research Day; April 2023; Baltimore, MD
- Smith HC, Hall W, Belcher A, Demory M, Greenblatt A, Fitzsimons H, **Travaglini L**, Bennett M. Depression symptoms and chronic pain as predictors for treatment retention in patients with OUD. Poster presented at the University of Maryland Department of Psychiatry Research Day; April 2023; Baltimore, MD
- **Travaglini LE**. Cognitive Behavioral Therapy for Chronic Pain for Veterans with serious mental illness: Challenges and considerations. Presented at: VISN 5 Veterans in Pain-Pain Management, Opioid Safety, Suicide Prevention Teams (VIP-POST); September 14-15, 2022; Martinsburg, WV.
- **Travaglini LE**. Using ecological momentary assessment to understand dynamic relationships between chronic pain, mental health symptoms, and related functioning. Presented at: Society for Behavioral Medicine Annual Conference; April 6-9, 2022; Baltimore, MD.
- **Travaglini L**, Kuykendall L, Lucksted A, Bennett M. Challenges to accessing pain management services among veterans with serious mental illness. Poster presented at the 2021 IASP World Congress on Pain; June 9-11, 16-18, 2021; virtual conference.
- Travaglini LE. Chronic pain assessment and management among individuals with serious mental illness: Considerations and challenges. Presented at: the National Alliance for Mental Illness (NAMI) Maryland 2019 Annual Conference; October 18-19, 2019; Baltimore, MD.
- **Travaglini LE**. Optimizing Cognitive Behavioral Therapy for Chronic Pain (CBT-CP) for individuals with serious mental illness. Poster presented at: BeckFest2019-International Cognitive Behavioral Therapy for Psychosis Conference; July 1-2, 2019; Philadelphia, PA. Also presented at the 53rd Annual Convention of the Association for Behavioral and Cognitive Therapies; November 21-24, 2019; Atlanta, GA.
- Kuykendall L, Travaglini L, Lucksted A, Bennett M. Chronic pain and pain management experiences among veterans with bipolar disorder. Poster presented at: The 2018 IASP World Congress on Pain; September 12-16, 2018; Boston, MA.
- **Travaglini LE**, Cosgrave J, Klingaman EA. Sleep quality and pain differentially impact quality of life for veterans with insomnia and serious mental illness. Poster presented at: The 32nd Annual Meeting of the Associated Professional Sleep Societies, LLC; June 6-8, 2018; Baltimore, MD.
- **Travaglini L**, Kuykendall L, Lucksted A, Bennett M. The relation between pain and mood among veterans with chronic pain & bipolar disorder. Poster presented at: the 2018 DC VA National Research Week; May 14, 2018; Washington, DC.
- **Travaglini L**, Medoff D, Kreyenbuhl J, Brown C, Goldberg R. Himelhoch S, Slade E. Access to sofosbuvir for hepatitis c among veterans with serious mental illness. Poster presented at: the 2018 DC VA National Research Week; May 14, 2018; Washington, DC.
- Travaglini LE. Internalized mental health stigma and physical health functioning among individuals with serious mental illness. In E. Treichler (Chair), Stigma and Self-Stigma among Marginalized Groups Seeking Mental Health Care. Presented at: The 51st Annual Convention of the Association for Behavioral and Cognitive Therapies; November 16-19, 2017; San Diego, CA.
- **Travaglini LE**. Theoretical bases of internalized stigma. In A. Lucksted (Chair), Theory and Interventions to Reduce Person-Level Harms Caused by Mental Illness Stigma. Presented at: The Annual Meeting of the American Psychological Association; August 2-5, 2017; Washington, DC.

- **Travaglini LE**, Pitts SC. Cross-discipline teaching to create video public service announcements. Poster presented at: The Annual Meeting of the American Psychological Association; August 2-5, 2017; Washington, DC.
- **Travaglini LE**, Himelhoch SS, Fang LJ. The Impact of HIV stigma on health and well-being among a sample of African American women living with HIV/AIDS. Poster presented at: The annual University of Maryland School of Medicine Department of Psychiatry Research Day; May 18, 2016; Baltimore, MD.
- DiClemente CC, Corno C, Berens-Crouch T, Crisafulli M, Graydon M, Peterson A, Thrash S, **Travaglini L**. Integrating addiction screening and interventions into opportunistic settings. Presented at: The Collaborative Perspectives on Addiction Conference, 3rd Annual Meeting; March 6-8, 2015; Baltimore, MD.
- DiClemente CC, Gregory WH, **Travaglini LE**, Corno CM. Making the case for integrated care: effective screening, brief intervention, and referral to treatment. Presented at: The National Alliance of Mental Health (NAMI) Maryland 2013 Annual Conference; October 18-19, 2013; Baltimore, MD.
- **Travaglini LE**. Expectancies and motives as mediating links between college students' personality and alcohol use. Poster presented at: The Eastern Psychological Association Annual Meeting; March 2013; New York, NY.
- Treadwell TW, **Travaglini LE**, Staats ME, Dartnell D, Seavers CM. Collaborative Story Building & Telling and Psychodrama: Therapeutic cohesion. Workshop presented at: The American Society of Group Psychotherapy and Psychodrama Annual Meeting; April 2013; Jersey City, NJ.
- **Travaglini LE**, Seavers CM, Mangan TK, Treadwell TW. Building group cohesion via Collaborative Story Building and Telling. Workshop presented at: The American Group Psychology Association Annual Meeting; April 2011; New York, NY. Also presented at: The American Society of Group Psychotherapy and Psychodrama; April 2010; Philadelphia, PA.
- Treadwell TW, Reisch EE, **Travaglini LE**, Kumar VK. The effectiveness of Collaborative Story Building and Telling in facilitating group cohesion. Poster presented at: The annual meeting of the American Psychological Association; August 2009; Toronto, ON. Also presented at: The first annual Philadelphia Behavior Therapy Association Student Poster Session; April 2009; Philadelphia, PA.
- **Travaglini LE**. Gender differences in college students' competitiveness in sports-related computer games. Poster presented at: The Annual National Conference of Undergraduate Research; April 2007; San Rafael, CA.

2020 - Present	United States Association for the Study of Pain (USASP)
2017 - Present	International Association for the Study of Pain (IASP)
2016 - 2019	American Pain Society
2014 - Present	Maryland Psychological Association
2010 - Present	Association for Behavioral and Cognitive Therapies (ABCT)
2008 - 2010	Philadelphia Behavioral Therapy Association
2008 - Present	American Psychological Association
	Division 8: Society for Personality and Social Psychology
	Division 38: Health Psychology
	Division 49: Society for Group Psychology and Group Psychotherapy
	Division 50: Society of Addiction Psychology
2006 - Present	Psi Chi, National Psychology Honor Society
2004 - Present	Pi Beta Phi Fraternity

PROFESSIONAL SOCIETY MEMBERSHIPS

PROFESSIONAL SERVICE

2019 - Present	MIRECC Multiple Morbidities and Risk Group, member
2018 - Present	Ad Hoc Reviewer: Frontiers in Psychiatry; International Health

2016 – Present	Internship application reviewer and interviewer, VAMHCS/University of Maryland
	School of Medicine Psychology Internship Consortium
2012 - 2013	Student Representative, UMBC Human Services Psychology Program
2011 - 2013	Student Representative, UMBC Graduate Student Association
2008 - 2015	Assistant Editor, Division 49 newsletter, The Group Psychologist
2007 - 2017	President, PA Eta Chapter Pi Beta Phi Fraternity, Chapter House Corporation

SPECIALTY TRAININGS

02/2019	Cognitive Behavioral Therapy for Insomnia, VA EBP Roll-out, 2-day training
09/2017	Cognitive Behavioral Therapy for Chronic Pain; VA EBP Roll-out, 2.5-day training
08/2015	Social Skills Training for Schizophrenia; VA EBP Roll-out, 1-day training
07/2015	Trauma-Focused Cognitive Behavior Therapy; 2-day training
02/2014	Breaking the Habit in Behavioral Health (BH2); smoking cessation, 3-hour training
01/2013	BASICS (Brief Alcohol Screening and Intervention for College Students); 3-hour training
08/2012	Sexual Health in Recovery; sexual health and risk reduction counseling, 2-day training
07/2012	Living Out Loud: How to Serve Transgender Clients Where They Are, 3-hour training
06/2008-07/2010	Beck Institute for Cognitive Therapy Case Conferences with Aaron T. Beck, MD; 1.5-hour monthly series