



VISN 5 MIRECC VETERAN STAKEHOLDERS FORUM

A Volunteer Opportunity for Qualified Veterans

Engaging Veterans to Provide Their Perspectives:



The motto of the VISN 5 MIRECC * is "**Putting Recovery into Practice.**" As such, we stand by the belief of the consumer-led mental health recovery movement "Nothing about us without us." We strive to partner with Veterans on our research, clinical and educational work, to help Veterans with functional impairments achieve whole health, mental health recovery and meaningful lives in their communities of choice.

Benefits of joining our Veteran Stakeholders Forum:

- ★ **Service:** The opportunity to "give back" to fellow Veterans.
- ★ **Empowerment:** The gratification of utilizing your lived experience and finding your own Voice.
- ★ **Learning:** Gaining knowledge about advances in mental health research and treatment.
- ★ **Connection:** Opportunity to collaborate and share perspectives with fellow Veterans.

We are seeking VOLUNTEERS who are:



- ★ Veterans who have received services from VHA.
- ★ Interested in sharing their expertise and life experiences, including mental health lived experience, perspectives on VA healthcare services and needs of Veterans in the community.
- ★ Interested in furthering mental health research and treatment for Veterans.

Membership involves:



- ★ Ability to participate regularly in monthly meetings, either virtually or in person.
- ★ Striving to contribute to respectful and constructive dialogue.
- ★ Interest in providing feedback on MIRECC projects.

* What is the MIRECC?



MIRECCs (Mental Illness Research, Education and Clinical Centers) were established by Congress to focus on different mental health concerns and priorities among Veterans with the goal of bringing best practices in mental health care into VA clinical settings. The focus of the VISN 5 MIRECC, located at the VA Maryland Health Care System, is on promoting Veteran mental health recovery.

Want to learn more?



- ★ **Email:** Ralf.Schneider@va.gov
- ★ **Phone:** 443-421-5889
- ★ **Website:** https://www.mirecc.va.gov/visn5/training/veteran_stakeholders_forum.asp

VISN 5 MIRECC: *Putting Recovery into Practice*

