

SOCIAL SKILLS OUTSIDE PRACTICE RECORD

Asking about a New Medication You Have Heard About

The steps are:

1. Tell your doctor that you have heard about a new medication called _____.
 2. Ask your doctor if they think that this medication may be helpful for you.
 3. Discuss the pros and cons of changing to a new medication.
 4. Listen carefully to what the doctor says.
 5. Let the doctor know what you think.
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Name: _____ Date Assigned: _____

Person Assisting with Outside Practice: _____

Skill Being Practiced: _____

My Plan (brief description of assignment):

Practice Date: _____ Location: _____

Briefly describe what took place:

How effective were you at using the skill during the outside practice? Please check one:

- Not at all effective
- A little effective
- Moderately effective
- Very effective
- Highly effective