

SOCIAL SKILLS OUTSIDE PRACTICE RECORD

Asking Questions About Health-Related Concerns

The steps are:

1. Choose a person to speak to, such as a case manager, a nurse, or a doctor.
 2. Ask the person your question.
 3. If you do not feel comfortable with the person's answer or if you do not understand, ask more questions.
 4. Thank the person for their help.
-

Name: _____ Date Assigned: _____

Person Assisting with Outside Practice: _____

Skill Being Practiced: _____

My Plan (brief description of assignment):

Practice Date: _____ Location: _____

Briefly describe what took place:

How effective were you at using the skill during the outside practice? Please check one:

- Not at all effective
- A little effective
- Moderately effective
- Very effective
- Highly effective