

SOCIAL SKILLS OUTSIDE PRACTICE RECORD

Asking Someone for a Date

The steps are:

1. Choose an appropriate person to ask.
 2. Suggest an activity to do together.
 3. Listen to the person's response and do one of the following:
 - a. If the person responds positively to your suggestion, choose a day and time to get together. Be willing to compromise.
 - b. If the person indicates that they are not interested in going out on a date, thank the person for being honest with you.
-

Name: _____ Date Assigned: _____

Person Assisting with Outside Practice: _____

Skill Being Practiced: _____

My Plan (brief description of assignment):

Practice Date: _____ Location: _____

Briefly describe what took place:

How effective were you at using the skill during the outside practice? Please check one:

- Not at all effective
- A little effective
- Moderately effective
- Very effective
- Highly effective