

SOCIAL SKILLS OUTSIDE PRACTICE RECORD

Complaining about Medication Side Effects

The steps are:

1. Choose a person to speak to, such as a staff member, a nurse, a doctor, or a family member.
 2. Tell the person you are concerned that you may be experiencing side effects from your medication.
 3. Describe the symptoms you are experiencing. Remember to be specific.
 4. If you are speaking to a medical person, ask for advice about how to handle the symptoms. If you are speaking to a nonmedical person, ask for help in setting up a medical appointment.
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Name: _____ Date Assigned: _____

Person Assisting with Outside Practice: _____

Skill Being Practiced: _____

My Plan (brief description of assignment):

Practice Date: _____ Location: _____

Briefly describe what took place:

How effective were you at using the skill during the outside practice? Please check one:

- Not at all effective
- A little effective
- Moderately effective
- Very effective
- Highly effective