

SOCIAL SKILLS OUTSIDE PRACTICE RECORD

Eating and Drinking Politely

The steps are:

1. Take your time and check the temperature of the food or drink.
 2. Take small bites or sips, and chew all food thoroughly.
 3. Swallow what is in your mouth before speaking.
 4. Use a napkin to wipe hands and mouth.
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Name: _____ Date Assigned: _____

Person Assisting with Outside Practice: _____

Skill Being Practiced: _____

My Plan (brief description of assignment):

Practice Date: _____ Location: _____

Briefly describe what took place:

How effective were you at using the skill during the outside practice? Please check one:

- Not at all effective
- A little effective
- Moderately effective
- Very effective
- Highly effective