

SOCIAL SKILLS OUTSIDE PRACTICE RECORD

Maintaining Conversations by Expressing Feelings

The steps are:

1. Greet the person.
 2. Make a brief statement about how something makes you feel.
 3. Judge whether the other person is listening and is interested in pursuing the conversation.
-

Name: _____ Date Assigned: _____

Person Assisting with Outside Practice: _____

Skill Being Practiced: _____

My Plan (brief description of assignment):

Practice Date: _____ Location: _____

Briefly describe what took place:

How effective were you at using the skill during the outside practice? Please check one:

- Not at all effective
- A little effective
- Moderately effective
- Very effective
- Highly effective