

SOCIAL SKILLS OUTSIDE PRACTICE RECORD

Responding to Criticism from a Supervisor

The steps are:

1. Without interrupting or getting angry, listen carefully to what is being said to you.
 2. Repeat back what your supervisor said.
 3. Ask your supervisor what you can do to improve the situation.
 4. If you do not understand what was said, continue to ask questions until it becomes clear.
-

Name: _____ Date Assigned: _____

Person Assisting with Outside Practice: _____

Skill Being Practiced: _____

My Plan (brief description of assignment):

Practice Date: _____ Location: _____

Briefly describe what took place:

How effective were you at using the skill during the outside practice? Please check one:

- Not at all effective
- A little effective
- Moderately effective
- Very effective
- Highly effective