

## SOCIAL SKILLS OUTSIDE PRACTICE RECORD

# Responding to Unwanted Advice

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The steps are:

1. Politely acknowledge the advice given.
  2. Express appreciation for the person's concern.
  3. Tell the person that you will think about it, and then change the subject.
  4. If the person persists, let the person know that you are not interested in the advice.
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Name: \_\_\_\_\_ Date Assigned: \_\_\_\_\_

Person Assisting with Outside Practice: \_\_\_\_\_

Skill Being Practiced: \_\_\_\_\_

**My Plan** (brief description of assignment):

Practice Date: \_\_\_\_\_ Location: \_\_\_\_\_

Briefly describe what took place:

How effective were you at using the skill during the outside practice? Please check one:

- Not at all effective
- A little effective
- Moderately effective
- Very effective
- Highly effective