

CAREGIVER VOICE HEARING EXPERIENCE:

A Mental Health Symptom Training PowerPoint



south central
mirecc
Mental Illness Research, Education
and Clinical Center



ChooseVA

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The contents of this training do not represent the views of the Department of Veterans Affairs (VA) or the U.S. government.

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LEARNING OBJECTIVES

- **At the conclusion of the session, participants should be able to:**
 - **Describe psychotic symptoms and the variety of ways in which they manifest in individuals.**
 - **Gain a greater appreciation of “hearing voices” through a simulation exercise.**
 - **Apply at least two elements of recovery principles in their care of Veterans with psychosis.**



OVERVIEW

Myths and Facts

What Illnesses include Psychosis?

Positive and negative psychotic symptoms

Hallucinations

- **Auditory**
- **Visual**

Auditory Hallucinations Experience

Recovery

Questions

MYTH OR FACT

**Mental health
problems
are rare.**

WHAT ILLNESSES INCLUDE PSYCHOSIS?

SCHIZOPHRENIA

**SCHIZOAFFECTIVE
DISORDER**

**MAJOR DEPRESSIVE
DISORDER**

BIPOLAR DISORDER

SYMPTOMS OF...

**SCHIZOAFFECTIVE
DISORDER**

SCHIZOPHRENIA

BIPOLAR DISORDER

**MAJOR DEPRESSIVE
DISORDER**

MYTH OR FACT

**People with
mental illness
can succeed
at their job.**

SYMPTOMS

Positive Symptoms

- Hallucinations - Sensory misperceptions
- Delusions - Fixed, false beliefs
- Disorganized Thoughts
- Disorganized Behavior

Negative Symptoms

- Alogia - Decreased amount of speech
- Avolition - Poor motivation and inability to initiate activities
- Lack of social interest - Social withdrawal
- Blunted affect - Lack of facial expression, muted or absent emotional response.



MYTH OR FACT

**People with
mental health
issues are violent
and unpredictable.**

HALLUCINATIONS



**HEARING SOMETHING
THAT IS NOT PRESENT**



**SEEING SOMETHING THAT
IS NOT PRESENT**



**FEELING SOMETHING
THAT IS NOT PRESENT**

HEARING VOICES: THE EXPERIENCE

MYTH OR FACT

**I can't do anything
for people with
mental health needs.**

FOCUS ON RECOVERY

HOLISTIC

HOPE

RESPONSIBILITY

SELF-DIRECTION

PERSON CENTER

EMPOWERMENT

STRENGTH-BASED

PEER SUPPORT

NON-LINEAR

RESPECT

MYTH OR FACT

**Once people
develop a mental
illness, they will
never recover.**

DISCUSSION

RESOURCES

<https://www.mentalhealth.gov/basics/mental-health-myths-facts>

MAPS: A Guide to Managing Adult Psychiatric Symptoms for Family Members and Friends, Developed by Kristen H. Sorocco, Ph.D., Thomas Teasdale, Dr.P.H., and Michelle D. Sherman, Ph.D.

Serious Mental Illness, PowerPoint presentation; Wendy Batdorf, PhD.

Substance Abuse and mental Health Services Administration (SAMHSA)
http://allmentalhealth.samhsa.gov/myths_facts.html

American Psychiatric Association. Diagnostic and Statistical Manual of Mental Disorders.5th ed., Washington, D.C.: American Psychiatric Association, 2013.

The hearing voices experience can be found at <https://youtu.be/MMjjSYISyBU>

