

# CULTURAL COMPETENCY

Training for Suicide Prevention

## OBJECTIVE

Veterans have unique experiences and challenges that can impact their mental health. As providers, it is important to have a thorough understanding of these issues to provide the best care possible. This training will provide participants a deeper understanding of the unique experiences of veterans and how to provide culturally competent care that is sensitive to their needs. Please attend this training for an opportunity to learn more about military culture, survivor's guilt, lethal means biases, and trauma informed language from the perspective of VA's peer support specialists.

# SEPTEMBER 12, 2023

11:00 AM - 12:30 PM

**VA**



U.S. Department  
of Veterans Affairs



## TEAMS MEETING

Join on your computer, mobile app  
or room device

Meeting ID: 226 507 486 939

Passcode: Yr8LJp

Or call in (audio only)

+1 872-701-0185,,272330417#

Phone Conference ID: 272 330 417#

## PRESENTERS

### CRYSTAL TABOR

Lead Peer Specialist, Eastern  
Colorado VA, US Army Veteran,  
Patriot Missile Crew/Combat Medic

### JESSICA PODKULSKI

Community Engagement &  
Partnership Coordinator, Eastern  
Colorado VA