

SUICIDE PREVENTION

is Everyone's Business



VA SAVE Suicide Prevention Awareness Training

VA S.A.V.E. Training will help you act with care and compassion if you encounter a Veteran who is in crisis or experiencing suicidal thoughts. The acronym S.A.V.E. helps you remember the important steps involved in suicide prevention:

- S** ~ Signs of suicidal thinking should be recognized
- A** ~ Ask the most important question of all — “Are you thinking of killing yourself?”
- V** ~ Validate the Veteran’s experience
- E** ~ Encourage treatment and Expedite getting help

When: September 22, 2023 9:15 a.m. to 10:00 a.m.

Where: Auditorium, Rocky Mountain Regional VA Medical Center,
1700 N. Wheeling Street, Aurora, CO 80045

Parking: South Visitors Entrance

Facilitator: James Gallanos, LCSW
Community Engagement & Partnerships Coordinator, Suicide Prevention Team
VA Eastern Colorado Health Care System