

SOCIAL SKILLS OUTSIDE PRACTICE RECORD

Expressing Affection

The steps are:

1. Choose a person whom you are fond of.
 2. Pick a time and place where you can be with the person in private.
 3. Express affection using a warm and caring voice tone and/or by offering a warm physical gesture.
 4. Tell the person why you feel this way
-

Name: _____ Date Assigned: _____

Person Assisting with Outside Practice: _____

Skill Being Practiced: _____

My Plan (brief description of assignment):

Practice Date: _____ Location: _____

Briefly describe what took place:

How effective were you at using the skill during the outside practice? Please check one:

- Not at all effective
- A little effective
- Moderately effective
- Very effective
- Highly effective