

SOCIAL SKILLS OUTSIDE PRACTICE RECORD

Refusing Unwanted Sexual Advances

The steps are:

1. Using a firm voice, tell the person that you are not interested in having sex.
 2. Depending on your relationship with that person, explain why you feel that way.
 3. If the person does not listen and continues to pressure you, leave the situation.
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Name: _____ Date Assigned: _____

Person Assisting with Outside Practice: _____

Skill Being Practiced: _____

My Plan (brief description of assignment):

Practice Date: _____ Location: _____

Briefly describe what took place:

How effective were you at using the skill during the outside practice? Please check one:

- Not at all effective
- A little effective
- Moderately effective
- Very effective
- Highly effective