

SOCIAL SKILLS OUTSIDE PRACTICE RECORD

Responding to a Stranger or a Drug Dealer

The steps are:

1. Decide whether to make eye contact.
 2. Tell the person that you don't want to use drugs or alcohol. Be brief.
 3. *If appropriate*, give the person a reason why you do not want to use.
 4. Leave the situation.
-

Name: _____ Date Assigned: _____

Person Assisting with Outside Practice: _____

Skill Being Practiced: _____

My Plan (brief description of assignment):

Practice Date: _____ Location: _____

Briefly describe what took place:

How effective were you at using the skill during the outside practice? Please check one:

- Not at all effective
- A little effective
- Moderately effective
- Very effective
- Highly effective